

BROKEN EARTH

TRAVEL • TRANSFORM • CONNECT

INDIA 2027

PACKING LIST

3 JUL - 16 JUL 2027

PACK LIGHT. PACK FOR HEAT, RAIN & MOVEMENT.

BEFORE YOU PACK

July Conditions

Delhi is expected to be hot and humid in July, with the monsoon likely underway. Dharamshala will also be moving into monsoon season, bringing rain, damp conditions and cooler mountain evenings.

THE APPROACH

Choose lightweight, breathable and quick-drying clothing. Bring reliable rain protection and footwear that can handle wet or muddy conditions. You do not need expedition equipment; bring simple gear you already know works for you.

Clothing

- ☐ Lightweight, breathable shirts and tops
- ☐ Lightweight trousers or travel pants
- ☐ Shorts for appropriate casual settings
- ☐ Comfortable casual clothes for evenings
- ☐ Light long-sleeve shirt for sun, mosquitoes and cultural sites
- ☐ Light sweater or fleece for cooler Dharamshala evenings
- ☐ Underwear and socks
- ☐ Sleepwear
- ☐ Modest clothing for temples, monasteries and religious sites
- ☐ Lightweight scarf or shawl
- ☐ Lightweight waterproof rain jacket or poncho
- ☐ Compact umbrella

Day Hike Essentials

The Dhauladhar day hike requires solid footwear, a comfortable day bag and dependable rain protection. Bring the hiking equipment you prefer and already know how to use.

Footwear

- ☐ Comfortable everyday walking shoes
- ☐ Solid hiking shoes or trail shoes with good grip
- ☐ Hiking or walking socks
- ☐ Sandals or easy slip-on shoes

For the Dhauladhar Day Hike

- ☐ Comfortable daypack
- ☐ Waterproof poncho or rain shell
- ☐ Solid hiking or trail shoes
- ☐ Reusable water bottle
- ☐ Sun hat or cap
- ☐ Sunglasses
- ☐ Sunscreen
- ☐ Small personal first-aid / blister kit
- ☐ Lightweight snacks
- ☐ Waterproof pouch, dry bag or zip-lock bags for phone, wallet and electronics
- ☐ Lightweight extra layer
- ☐ Optional trekking poles if you normally use them

KEEP IT FAMILIAR

There is no need to buy complicated new hiking equipment specifically for this program. Bring footwear, rain protection and a daypack that are comfortable and familiar to you.

Heat, Humidity & Rain

July travel in northern India means being ready for sudden rain, humidity and wet streets. Quick-drying gear is considerably more useful than heavy clothing.

- ☐ Quick-drying clothing
- ☐ Rain jacket or poncho
- ☐ Compact umbrella
- ☐ Mosquito / insect repellent
- ☐ Small quick-dry towel
- ☐ Zip-lock bags or small dry bags
- ☐ Waterproof phone protection
- ☐ Hat or cap

Health & Personal Items

- ☐ All prescription medications for the entire trip
- ☐ Several extra days of essential prescription medication
- ☐ Prescription medications in original labeled containers
- ☐ Copy of your prescription and medication list
- ☐ Personal over-the-counter medications you regularly use
- ☐ Basic toiletries
- ☐ Hand sanitizer
- ☐ Tissues or wet wipes
- ☐ Personal hygiene products as needed

PRESCRIPTION MEDICATION - IMPORTANT

Bring your full supply of prescription medication from home, plus several extra days. Keep essential medication in your carry-on luggage, not checked baggage, and retain it in the original labeled packaging. Do not assume the exact medication, dosage or formulation you use at home will be available in India.

Documents, Money & Electronics

- ☐ Passport
- ☐ India visa / entry documentation
- ☐ Travel insurance information
- ☐ Emergency contact information
- ☐ Copies of passport and important travel documents
- ☐ Credit and/or debit cards
- ☐ Small amount of cash
- ☐ Phone and charger
- ☐ Portable power bank
- ☐ India-compatible plug adapter
- ☐ Earbuds or headphones
- ☐ Refillable water bottle
- ☐ Small crossbody bag or day bag for sightseeing

Optional but Useful

- ☐ Journal or notebook - especially useful for program reflection
- ☐ Book or e-reader
- ☐ Camera
- ☐ Small binoculars
- ☐ Laundry bag
- ☐ Packing cubes
- ☐ Eye mask and earplugs
- ☐ Small amount of travel laundry detergent
- ☐ Personal snacks

ONE FINAL THOUGHT

Pack light. You will be moving between Delhi, Amritsar, Dharamshala, Bir/Billing, Andretta and Agra. Leave a little room in your luggage for the things you may find along the way.