

Nepal Educational Journey

A 22-day exploration of community, culture, conservation and contemporary Nepal

DESTINATION	DURATION	REFERENCE
Nepal	22 days	University of Guelph · 2025

A journey beyond the familiar

This sample itinerary brings together rural homestays, conversations with students and community members, agricultural and conservation initiatives, cultural heritage sites, and discussions about contemporary social and development issues in Nepal.

The program moves from eastern Nepal through Chitwan to the Kathmandu Valley, combining field visits, facilitated interactions, cultural exploration and time for independent reflection.

PORTFOLIO NOTE

Adapted from a 2025 Nepal educational tour itinerary supplied as a University of Guelph program reference. This is a sample of program scope and design, not a currently scheduled departure, endorsement, or quotation. Activities and meetings are subject to partner confirmation.

The Journey / Days 1–11

Eastern Nepal, rural communities, conservation and Chitwan

DAY 01	Arrival in Nepal Arrival and transfer to the hotel.
DAY 02	Independent exploration Free day.
DAY 03	Kathmandu to Ilam and Gorkhey Early flight to Bhadrapur, onward drive through Ilam to Gorkhey; homestay overnight.
DAY 04	School exchange Visit a school and interact with students and teachers. Additional visit was not specified in the source itinerary.
DAY 05	Agriculture and local enterprise Visits to an agricultural cooperative, dairy cooperative and tea factory; return to Gorkhey.
DAY 06	Red panda habitat region Travel to the red panda zone; homestay overnight.
DAY 07	Kanyam and Antu Danda Return via Gorkhey and Kanyam to Antu Danda hills; overnight in Antu Danda.
DAY 08	Sunrise and journey to Chitwan Sunrise at Antu Danda; travel via Jhapa toward Chitwan.
DAY 09	Chitwan landscapes Full day of jungle activities.
DAY 10	Tharu community dialogue Interaction with Tharu community members, discussing relationships and conflict between the national park and surrounding communities.
DAY 11	Trishuli River and Kathmandu Return toward Kathmandu with rafting on the Trishuli River en route; hotel overnight.

The Journey / Days 12–22

Heritage, civic engagement, institutions and the Kathmandu Valley

DAY 12	Patan and heritage preservation Patan Durbar Square; visit related to the Kumari tradition and discussion with a former Kumari; interaction with a Kathmandu Valley Preservation Trust (KVPT) official.
DAY 13	Belief, identity and living traditions Boudhanath Stupa; an interaction concerning transgender experiences; Tibetan thangka painting school; Pashupatinath Temple and its cremation ghats.
DAY 14	Bhaktapur to Dhulikhel Bhaktapur Durbar Square, Nyatapola, Dattatreya Temple and Pottery Square; stop at Kailashnath Mahadev in Sanga; overnight in Dhulikhel.
DAY 15	Hike to Namobuddha Hike from Dhulikhel to Namobuddha; visit Thrangu Tashi Yangtse Monastery and Namobuddha Stupa; lodge overnight.
DAY 16	Village walk to Panauti Hike from Namobuddha toward Panauti with local village visits; return to Kathmandu.
DAY 17	Young people and politics Kathmandu Durbar Square and discussion with young people involved in politics.
DAY 18	Environment and mountain development Visit ICIMOD and Godavari Botanical Garden.
DAY 19	University exchange Discussion with rural development students at Patan Campus.
DAY 20	Heritage, economy and inclusion Exchange with youth involved in heritage conservation; discussion of Nepal's economy and challenges; visits to Swayambhunath and a disability centre.
DAY 21	Independent exploration Free day in Kathmandu.
DAY 22	Departure Departure from Nepal.

What This Program Illustrates

A reference for designing customized educational journeys

Learning through dialogue

School visits, university exchanges and conversations with community members create opportunities to learn from people directly.

Community and livelihoods

Agricultural and dairy cooperatives, tea production and rural homestays offer perspectives on local economies and everyday life.

Conservation and competing priorities

Visits related to wildlife, protected areas, mountain development and built heritage invite examination of environmental and social trade-offs.

Living culture and heritage

Temples, historic urban centres, painting traditions and local heritage organizations introduce multiple expressions of Nepal's cultural life.

A journey shaped around your goals

This sample demonstrates the range of themes and locations that can inform a tailored itinerary; partner meetings, travel logistics and suitability are confirmed during development.

LET'S DESIGN A PROGRAM TOGETHER

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Source: "Nepal Educational Tours" itinerary and cost working document, provided by the client as a 2025 University of Guelph reference. Financial working figures are intentionally excluded; the source contains differing cost breakdowns. The program outline is edited for clarity, not independently verified as completed.